

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Anel Swann**

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 02:09:40

**PACE** 09:57/km

**OVERALL** 113 of 149

**GENDER** 43 of 70

**40 - 49** 19 of 28

23 June 2019, Sun

Date

